



Laser Hair Removal

lillymedspa.com (850) 547-7463

Post Care

- Patient response can vary after a hair reduction treatment. Erythema (redness) and Edema (swelling) around the hair follicles in the treated area are sometimes noted within a few minutes after the completion of the procedure and typically completely resolve within 24-48 hours. A sunburn sensation in the area treated is also normal and expected. Until sensitivity has completely subsided, avoid all of the following:
 1. Applying make-up over the treated areas
 2. Use of scented lotions or soaps, deodorants, exfoliant creams (Retin-A, glycolic/salicylic and Alpha-hydroxy acids), acne creams or gels, loofa sponges and aggressive scrubbing
 3. Hot or cold water -wash with a tepid water
 4. Shaving
 5. Swimming pools and spas with multiple chemicals/chlorine
 6. Activities that cause excessive perspiration
- Post treatment discomfort is typically minimal but if the area is very uncomfortable, oral pain reliever, i.e. Extra Strength Tylenol, may be used.
- In the unusual case of crusting skin in the treated area, apply an antibiotic ointment twice a day to the affected areas. Do not pick at these areas, as this may result in infection or scarring.
- If the skin is broken or a blister appears, apply an antibiotic ointment, and contact the office immediately. Keep the affected area moist and avoid direct sunlight.
- In rare cases, hives have been reported after laser hair reduction treatments. If you experience an irritated raised rash after treatment, contact the office. Benadryl may be taken to help relieve the itchiness.
- Do not use any other hair removal methods or products on the treated area during the course of your laser treatments (tweezing, waxing and depilatories), as it will prevent you from achieving your best results.
- Strictly avoid any sun exposure to the treated area for a minimum of 7 days after the procedure for laser and 14 days after BBL HEROic. The treated area is more prone to sunburn and pigmentation change. Keep the area covered and use a sun block with a protection factor of 30+. Delayed blistering secondary to sun exposure has been noted up to 72 hours post treatment.

What to Expect

- Results develop gradually over 4–12 weeks as Sculptra stimulates your own collagen production
- You may need 2–3 treatment sessions spaced 4–6 weeks apart for optimal results
- Results can last 2 years or longer with proper maintenance