



POST WAXING CARE

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Post Care

- **Keep the area clean and dry** for the first 24 hours.
- **Avoid touching** the freshly waxed area with unwashed hands.
- **No hot showers, saunas, or steam rooms** for at least 24–48 hours.
- **Avoid sweating or intense workouts** for 24 hours post-wax.
- **Do not exfoliate** the waxed area for at least 48 hours.
- **Avoid sun exposure and tanning beds** for 48 hours.
- **Wear loose-fitting clothing** to avoid friction or irritation.
- **Avoid swimming** in pools, hot tubs, or the ocean for 24–48 hours.
- **No scented lotions, deodorants, or products with alcohol** on the area for 24 hours.
- **Apply a soothing product** (like aloe vera or post-wax lotion) if needed.
- **Exfoliate gently** (after 48 hours) 2–3 times a week to help prevent ingrown hairs.
- **Moisturize daily** with a gentle, fragrance-free lotion to keep skin soft.
- **Do not shave** between waxes to maintain smooth results and reduce irritation.

What to Expect

- **Temporary redness or irritation** (similar to a mild sunburn) that usually subsides within a few hours to 24 hours.
- **Small red bumps or raised follicles** — this is your skin's natural reaction to hair being removed from the root.
- **Sensitivity or tenderness** in the waxed area for the first 24–48 hours.
- **A slight stinging sensation** immediately after waxing, which fades quickly.
- **Mild itching** as the skin heals or as hair begins to regrow.
- **Hair regrowth** typically starts to appear around 2–3 weeks post-wax, depending on your personal hair growth cycle.
- **Finer, softer regrowth** with regular waxing over time.
- **Possible ingrown hairs**, especially if exfoliation is not done regularly once the skin has calmed.
- **Not all hair may be removed** during your first wax, especially if it's your first time — hair grows in different cycles, and consistency improves results.
- **Better results over time** — your skin will adjust and your hair will grow back thinner and sparser with regular appointments.