



POST DERMAPLANING CARE

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Post Care

- Avoid touching your face with unwashed hands for the first 24 hours.
 - Do not apply makeup for at least 24 hours after treatment.
 - Avoid direct sun exposure and wear broad-spectrum SPF 30+ daily.
 - Do not exfoliate the skin (physical or chemical) for 5–7 days post-treatment.
 - Skip active skincare ingredients like retinoids, AHAs, BHAs, or vitamin C for 3–5 days.
 - Use a gentle cleanser and lukewarm water to wash your face.
 - Moisturize regularly with a hydrating, non-comedogenic moisturizer.
 - Avoid heat and sweating (saunas, hot yoga, strenuous workouts) for 24–48 hours.
 - No facial waxing or laser treatments for at least 7 days.
 - Stay hydrated to help maintain your glow and promote healing.
 - Use clean pillowcases and avoid anything that may irritate the skin (e.g., dirty phone screens, tight hats).
 - Expect slight redness or sensitivity that should subside within 24–48 hours.
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What to Expect

- Results develop gradually over 4–12 weeks as Sculptra stimulates your own collagen production
- You may need 2–3 treatment sessions spaced 4–6 weeks apart for optimal results
- Results can last 2 years or longer with proper maintenance